

LIVING IN TWO WORLDS

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I have a friend who was troubled. Life was good, filled with love of family, friends and good health, yet filled with confusion and inner turmoil. It was only recently when a light switch went off and a spiritual epiphany allowed my friend to discover that the answers she sought were close. In fact, very close, because for the first time, she became willing to listen to her inner guidance and where that took her, was a place she could never have imagined until now.

If you're old enough, you remember a game called Twister, where you spun the clock and had to place your feet or hands on various colored circles within the large plastic game board. This can be a metaphor for what many are experiencing today. One foot in the physical, third dimensional world with all the murder, mayhem, politics, corporate bull, love, family, divorce, diversion and so much more. Yet increasingly, as the spiritual veil between worlds thins, many have become more aware of other realms - of fifth, sixth and other dimensional existences filled with pure, unconditional love, soul-family guidance and protection.

If your focus is strictly in the physical world, this sounds like gibberish. However, if you're reading these words, I'm guessing you can relate. For our friend, the analogy of hitting the correct frequency on her psychic radio was spot on. Meditation became her sanctuary. Answers began to pour into her consciousness. Slowly, the meditations led to a growing inner peace and tranquility; while melding with new information about her reason for existence on Earth in this - and other lifetimes. Her ability to tune into this higher realm, grew stronger and led to spiritual visions and guidance that could never have been comprehended before. She soon realized that this multi-dimensional existence is a learning experience, preparing not only her, but everyone on the planet for something more.

Now, our friend, literally senses one foot in the physical 3-D world and one foot in the 5D existence. The bliss that she (we) can experience in this frequency of being, reminded her of a quote tucked deep in her memory from another era: "Joy is the infallible sign of the presence of God," from Pierre Teilhard de Chardin (1881-1955). A visionary French Jesuit, paleontologist, biologist, and philosopher, de Chardin's life work attempted to integrate religious experience with natural science. He became captivated with a theory in which he saw humanity heading for an exciting convergence of systems, an "Omega point" where the coalescence of consciousness would lead us to a new state of peace and planetary unity.

More recent works from Greg Braden, David Wilcock and others, express this omega, or zero-point theory in great detail, but the Twister visual expresses it in a powerful simplicity. Our friend's experience and the innate ability we all have to tap in to these higher frequencies gives us hope that as more of humanity awakens, that living in two worlds is just a stepping stone. If De Chardin, Braden and others are correct, then we may all be participating in a learning experience and a journey to the

omega point, where despite all the insanity that surrounds us, Earth herself may catapult into complete fifth dimensional awareness.