

Warning - Soy Damages Your Thyroid, Immune System, DNA and Chromosomes

<http://www.soyonlineservice.co.nz/> .

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Soy has not → does not → can not → Soy will not → prevent cancer

Gerald and Deanna - (Deonaa)

Soy blocks vitamin, mineral, protein absorption (Osteoporosis) ... pages 84, 96

Soy damages the **Myelin Sheath** around the nerves, spinal cord and brain tissue ... pages 63 - 67

Genistein in soy is proven to be and is classified as a **Topoisomerase II-poison** ... pages 32, 42, 44, 71-2, 81

Soy causes cancer → → Soy causes existing cancer cells to grow → → Soy causes non-cancerous tumors to turn cancerous

Soy is an Omega-6 oil, fatty acid, and they → “**cause**” cancer cells to grow ... http://www.mercola.com/2002/jun/5/fish_oil.htm,
British J. Nutr., Apr. 2002, vol.87:4, pp. 281 - 289(9) and vol.87:3, pp. 193 - 198(6).

* Read the fine print

Soy was the major contributing cause of my wife Deanna-(Deonaa) death from Breast cancer, Bone cancer, and Liver cancer on Dec. 15, 2002. Read her story on pages 122–124. Her death was a slow, very, very painful, and inhumane DEATH while - from - and because of eating soy ingredients in her Hospital food over a 2 month period. We did a good job of avoiding soy and soy ingredients in our food when she was home. **BUT**, it was the soy in the Hospital food, (which we could not and were not able to avoid) that quietly and quickly poisoned her, causing her cancer cells to continue growing. As soy was poisoning her, it was also slowly painfully, brutally, cruelly, violently, inhumanly killing her. **To protect yourself and the ones you ♥ Love ... read the ingredient labels on all the food you buy, switch brands to avoid it !.**

The US FDA's ... "**Poisonous Plant and Plant Parts Database**," at ... <http://vm.cfsan.fda.gov/~djw/pltx.cgi?QUERY=SOY> , and <http://www.cfsan.fda.gov/~djw/plantox.html> ... documents --- **Soy – Flax-Linseed – Canola-Rapeseed -- as “poisonous plant,”** Soy since 1907 and Flax since 1850. The FDA recommends that if you are injured by these plants, to contact your local “**Poison Control Center**” at ... <http://www.aapcc.org/> , or call 911. { **Einstein** said, “... the world is a dangerous place to live in, not because of the people who are evil, but because of the people who don't do anything about it ... <http://en.thinkexist.com/> }. **No safe cigarettes ... No safe soy ... Unsafe at any speed.** “**The Precautionary Principle**” pages 113 – 114, and ... http://www.biotech-info.net/rachels_586.html ... “**The obligation to prevent harm.**”
* **Soy does not pass ... “WHO Food Safety Standards” ... or ... US FDA GRAS, “Generally Recognized As Safe” status ... In fact, it is not even legal to put it in our food,** pages 5-8, *55, 63, 96-106, 109, 113, 119, 143 ... **For Legal action** against the soy industry, manufactures and sellers, see pages 119 - 121.

“**Soy – Abundance of Health Hazards**”

identifies the link to the over 144 page Soy Research Paper, which can now be found in the Health Section under Articles on the “**Mayan Majix**” website at ... http://www.mayanmajix.com/art_ht.html , and at ... <http://www.mayanmajix.com/soy.html> ... **Dangers of Soy**

- http://www.mayanmajix.com/soy_summary.pdf ... Short one page Summary PDF - <http://www.mayanmajix.com/soy01.html> ... Full 144 page HTML

- http://www.mayanmajix.com/soy_306.pdf ... Abundance Scientific Proof - Summary - <http://www.mayanmajix.com/soy01.pdf> ... Full 144 page PDF

containing a collection of over 205 scientific research abstract summaries on Soy ... pages 29 - 96, from almost 1,800 going way back to 1907, (also see the 2005 book “**The Whole Soy Story**”) ... that are from well-designed studies, from around the world, conducted in a manner which is consistent with generally recognized scientific procedures and principles which show that - **there does exist** - significant scientific agreement among research experts from around the world, { qualified by scientific training, experience and expertise }, **PROVING** a very strong statistically significant association of very serious harm to human and animal health from consumption of soy, SPI-soy protein and soy estrogen ingredients in our food supply & an **INCREASED RISK** of a variety of cancers and other major and life threatening health problems, referred to in this body of evidence as ... “**Hidden Harm**” ... which includes, but is not limited to this list of **known**, “**ignored,**” **still denied** “**Side-Effects**” of ... **endocrine disruption ... thyroid suppression ... immune system suppression ... Liver disease ... ♥ Heart disease ... leukemia, (IAL) ... subtle changes in sexually dimorphic behaviors ... Arthritis ... infertility / lower sex drive ... growth problems ... learning disabilities // Alzheimer's – Parkinson's Disease // M.S. – from Brain & Nervous System damage ... Osteoporosis ... as well as ... chromosome fragmentation & errors in chromosome orientation ... Cancer(s) - breast, bone, uterine, liver, colon, pancreas, thyroid etc ... DNA damage ... “DEATH” ... (+) infinite # of - “broken ♥ Hearts” . (Many “**Research Experts**” say in the conclusion of their abstracts ... Women with cancer or a history of cancer should be warned ... pgs. 5-10, 17-8, 37, 40, 47, 52, 55, 73, 77, *80, 122, & 60, 72, 77.)**

- <http://www.mercola.com/2002/jun/8/soy.htm> ... “**Soy Weakens Your Immune System**” ... Soy Industry own research

2002 ... “**The phytoestrogen genistein induces thymic and immune changes: a human health concern ?**,” (*see page 55)

NCBI ... http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=12032332&query_hl=2 .

(Yellayi S., Naaz A., Sato T., Woods J.A., and others --- *Proc Natl Acad Sci USA* 2002 May 28;99(11):7616-21) ... **Dr. Mercola's Comment --** “It is quite amazing that this study was actually published, as the findings were quite negative for Soy, yet it was funded by United Soybean Board and Illinois Council on Food and Agricultural Research .” { **Soy feeds - fertilizes - cancer cells, “causing” them to grow ! .** }

It is like throwing gasoline on a campfire.

...“**Meta-Analysis**”...

- http://www.mercola.com/article/soy/avoid_soy.htm ... A “**meta-analysis**” is a review & summary of the results of many clinical studies on the same subject. The use of meta-analyses to draw general conclusions has come under sharp criticism by members of the scientific community. “... **Researchers substituting meta-analysis for more rigorous trials risk making faulty assumptions and indulging in creative accounting** ...”, says Sir John Scott, President of the Royal Society of New Zealand, “... Like isn't being lumped with like. Little lumps, big lumps of data are being gathered together by various groups ...”. 34

There is a added temptation for researchers, particularly researchers funded by companies like Protein Technologies International – soy corporation, to leave out studies that contradict / dilute the conclusions desired ... see W.A.P.F. 2004 submission of objection to the US F.D.A. - 2004Q-0151, page 10, (**being that soy has many very serious health hazards**). **Dr Anderson discarded 8 important studies for various reasons, leaving a remainder of 29.**

-- See June 14, 2004 ... W.A.P.F. petition of objection to US - FDA ... http://www.fda.gov/ohrms/dockets/dockets/04q0151/04q0151_emc-000009-01.pdf .

and ... http://www.westonaprice.org/soy/solae_comments.pdf ... and ... **Soy Alert** ... <http://www.westonaprice.org/soy/index.html> .

Another very good example ... It was a 1994 meta-analysis by Mark Messina that fueled **False** speculation that soy had anti-carcinogenic properties, published in Nutrition and Cancer.43. (and yet, it is this very same paper that proves Soy has been “**known**” in scientific community ... to be carcinogenic for over 40 years ... cause DNA - Chromosome damage for more than 25 years ... cause infertility for 50 years ... thyroid damage for 70 years ... page 126.)

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New Margins – for pages 153 and 154 in my Soy Research Paper, “Soy – Abundance of Health Hazards”

“Warning - Soy Damages Your Thyroid, Immune System, DNA and Chromosomes

By adjusting to these margins below, this one page summary will all fit on one page in MS Word.

Top ... 0.20 inches

Bottom ... 0.20 inches

Left ... 0.26 inches

Right ... 0.25 inches

Base Font Type ... Times New Roman

Base Font Size ... (6, 8, 9, 10, 11, 12, 14) ,

(8 pt for spacing between title and first line, and 6, 8 and 9pt spacing between other paragraphs)

Justification ... Full

Note: Make sure the label on your vitamins, minerals, and medications says ... contains no Soy ... or ... contains no Soy ingredients .
... Pet and farm animal foods

...